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A Ministry of Spiritual Healing

The Church of Christ, Scientist, is a **Christian denomination,** with the Bible and especially Jesus' teachings at the heart and soul of its practice.

Science and Health with Key to the Scriptures by Mary Baker Eddy states: "Jesus established his church and maintained his mission on a spiritual foundation of Christ-healing." This is the continuing **mission** of the Church of Christ, Scientist.

The practice of this **system of Christian healing** has resulted in significant cures of physical and mental problems for over a century, with many of these accounts available online. In Christian Science, God is seen as always upholding health and well-being. The power of prayer lies not in faith alone but in a deeper understanding of God's divine laws that embrace humanity.

Everyone can choose for themselves and their families the kind of **health care** that meets their needs. By practicing Christian Science, many have lived free of drugs and other systems of physical care.

Find Out More

Visit ChristianScience.com

» Read or purchase copies of the Bible and *Science and Health with Key to the Scriptures.*

» Join a Sunday service or Wednesday meeting in person or online.

» Visit a Christian Science Reading Room or attend a Christian Science lecture.

» Find a Christian Science practitioner, teacher, or nurse.

» Connect with a college or university Christian Science Organization (CSO).

» Contact The Mother Church, The First Church of Christ, Scientist.

» Search, read, and listen to articles, testimonies of healing, and the weekly Bible Lesson.

» Contact The Mary Baker Eddy Library for public programs and academic research.

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What is Christian Science?

Mary Baker Eddy, who discovered and founded Christian Science, defined it as "the law of God, the law of good..." (*Rudimental Divine Science*). This deeper understanding of God as infinite Love and unchanging goodness leads to prayer that can heal, redeem, and restore anyone.

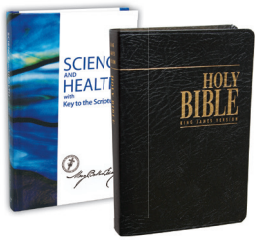
In 1866, a life-threatening injury compelled Mary Baker Eddy to turn wholeheartedly to God. She opened her Bible to an account of Jesus healing a man quickly and completely. A new sense of God, Spirit, as the only reality flooded her thought, and she was healed spontaneously. But she yearned to know how and why. For the next several years, she continued to search and find in the Bible the underlying laws of God that would form the basis of her teaching and practice of Christian Science.

Since then, many have found that when they better understand their relationship to God through this Science of Christianity, their health is restored and character transformed. And each healing inspires a heartfelt desire to help others know and experience how loved we all are by God.

Origins of Christian Science

The Bible, from Genesis to Revelation, is the foundation for the theology and practice of Christian Science. In particular, Jesus' ministry illustrates that healing and regeneration are experienced as we recognize our true nature as spiritual and made in the image and likeness of God. Examples of this can be seen in the biblical accounts of Abraham, Jacob, Moses, the prophets, Jesus, and his immediate disciples and followers.

Mary Baker Eddy's lifelong spiritual search led to what she later characterized as a discovery. She saw that God's laws are powerful spiritual mandates, always present and operating to heal, to redeem, and to bless humanity. To her, it was the practical Christianity that Jesus taught.



Of her developing practice of Christian healing, Mary Baker Eddy wrote that she was called to a patient whom a well-known attending physician had pronounced dying of pneumonia. "On seeing her immediately restored by me without material aid, he asked earnestly if I had a work describing my system of healing. … he urged me immediately to write a book which should explain to the world my curative system of metaphysics" (*The First Church of Christ, Scientist, and Miscellany*).

At that time, she was already writing notes that would develop into her primary work, ***Science and Health with Key to the Scriptures,*** which contains the full explanation of Christian Science and its practice of spiritual regeneration and healing.

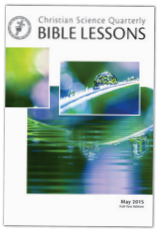
"I had learned that thought must be spiritualized, in order to apprehend Spirit. It must become honest, unselfish, and pure, in order to have the least understanding of God in divine Science."

MARY BAKER EDDY

The Church of Christ, Scientist, and its Activities

The Bible together with *Science and Health* serve as the universal **Pastor** for the worldwide Church, providing always available guidance and inspiration, as well as the sermons and readings for worship services. The activities and services of the Church are carried on by its members.

Mary Baker Eddy founded the Church of Christ, Scientist, in 1879. It includes **The Mother Church** in Boston, Massachusetts, and locally organized **branch Churches of Christ, Scientist,** worldwide, each providing Sunday worship services, a **Sunday School,** mid-week testimony meetings, public **Reading Rooms,** and **lectures.** Sunday Schools for students up to the age of twenty are discussion-based classes on the Bible and how to apply its timeless lessons to contemporary life. Wednesday meetings include testimonies of healing shared by those attending. Reading Rooms offer books and magazines on Christian Science, the Bible and Bible reference materials, and much more. Everyone is welcome to use all these resources.



Christian Science practitioners and **Christian Science nurses** are available to give additional supportive care while one is praying for healing. Practitioners offer specific prayer, and Christian Science nurses provide caring, practical, non-medical assistance.

The Church of Christ, Scientist, offers **spiritual education** for youth and adults, featuring Sunday School classes, weekly Bible Lessons in the *Christian Science Quarterly,* as well as a two-week course on spiritual healing from an authorized Christian Science teacher with continuing education annually.

Weekly and monthly magazines, the ***Christian Science Sentinel, The Christian Science Journal,*** and ***The Herald of Christian Science*** in various languages, all feature Christian Science practice and its redeeming and healing outcomes through articles and verified testimonies of healing.

The Christian Science Monitor, founded by Mary Baker Eddy in 1908, provides thoughtful, humane, and balanced coverage of world news that is as alert to progress and promise as to suffering and conflict. It was established to "injure no man, but to bless all mankind" (*Miscellany*). The *Monitor,* with several Pulitzer Prizes among its many awards, includes a website (CSMonitor.com), a weekly magazine, and a digital Daily News Briefing.